



SRI AUROBINDO CENTRE FOR ADVANCED RESEARCH TRUST (SACAR)

Audio – Video Publications

Integral Yoga in Savitri (Live recording of Talks at *Savitri* Bhavan, Auroville by Dr. V. Ananda Reddy)

MP4 Video DVDs:

1.	Book-I, Canto-3: The Yoga of the King: The Yoga of the Soul's Release (2 DVD's, 24 Hrs.)*	Rs.600	
2.	Book-I, Canto-4: The Secret Knowledge (1 DVD's, 20 Hrs.)*	Rs.500	
3.	Book-I, Canto-5: The Yoga of the King: The Yoga of Spirit's Freedom and Greatness (2 DVD's, 13 Hrs.)*	Rs.350	

* [To be played only on Desktop PC or Laptop]










MP3 CDs:





1.	Book – I, Canto-1 – <i>Savitri</i> : Its Profound and Magnificent Significance (Live Recordings of Nainital–Workshop on <i>Savitri</i>) (2 MP3 CD's, 12.33 Hrs.)	Rs.400	
2.	Book – III: Canto-1, 2,3 & 4 - <i>Savitri</i> : The Book of the Divine Mother (1 MP3 DVD, 23 Hrs.) (Live Recordings of <i>Savitri</i> Classes held in Pondicherry)	Rs.500	
3.	Book – XI: Canto-1– <i>Savitri</i> : The Book of Everlasting Day (Live Recordings of <i>Savitri</i> Classes held in Pondicherry) (1 MP3 DVD, 23 Hrs.)	Rs.500	

4.	Four Aspects of <i>Savitri</i> (1 MP3 DVD, 15.10 Hrs.) (Live Recordings of Workshop on “Four Aspect of <i>Savitri</i> ” in Nainital)	Rs.400	
5.	<i>Savitri</i> : An Overview (1 MP3 Audio CD, 3 Hrs.) (Live Recording of Talks on “A few highlights on <i>Savitri</i> ” in Aurovalley)	Rs.200	
6.	Conquest of Death (1 MP3 Audio CD, 1.11 Hr.) (Live Recording of Talks at Sri Aurobindo Bhavan, Kolkata)	Rs.150	


DVD Video Publications

1. Talks on Essay on the Gita

1.	Chapter 9: Sankhya, Yoga and Vedanta (2 DVD's) 5 Hrs. 40 Min	Rs.500	
2.	Chapter 10: The Yoga of the Intelligent Will (2 DVD's) 6 Hrs.	Rs.500	
3.	Chapter 11: Works and Sacrifice (2 DVD's) 3 Hrs. 20 Min	Rs.500	
4.	Chapter 12: The Significance of Sacrifice (2 DVD's) 3 Hrs. 20 Min	Rs.500	
5.	Chapter 13: The Lord of the Sacrifice (2 DVD's) 4 Hrs.	Rs.500	
6.	Chapter 14: The Principle of Divine Works (2 DVD's) 3 Hrs. 40 Min	Rs.500	
7.	Chapter 15: The Possibility and Purpose of Avatarhood (2 DVD's) 5 Hrs. 15 Min	Rs.500	
8.	Chapter 16: The Process of Avatarhood (2 DVD'S) 2 Hrs.	Rs.500	
9.	Chapter 17: The Divine Birth and Divine Works (1 DVD) 1 Hr. 15 Min	Rs.250	

10.	Chapter 18: The Divine Worker (1 DVD) 2 Hrs. 20 Min	Rs.250	
11.	Chapter 19: Equality (2 DVD's) 5 Hrs. 15 Min	Rs.500	
12.	Chapter 20: Equality and Knowledge (2 DVD's) 4 Hrs. 15 Min	Rs.500	
13.	Chapter 21: The Determinism of Nature (2 DVD's) 4 Hrs. 50 Min	Rs.500	
14.	Chapter 22: Beyond the modes of Nature (2 DVD's) 4 Hrs. 50 Min	Rs.500	
15.	Chapter 23: Nirvana and Works in the World (2 DVD's) 6 Hrs. 15 Min	Rs.500	
16.	Chapter 24: The Gist of the Karmayoga (2 DVD's) 6 Hrs. 15 Min	Rs.500	

2. The Journey of Integral Sadhana

	Talk-1: Approaches to Sadhana	(1 Hr. 10 Min)	Rs.700	
	Talk-2: Basic Requisites of Sadhana	(1 Hr. 10 Min)		
	Talk-3: Sadhana through Love and Devotion	(1 Hr. 30 Min)		
	Talk-4: Sadhana through Meditation	(1 Hr. 10 Min)		
	Talk-5: The Difficulties of the Path	(1 Hr.)		
	Talk-6: Sadhana through Work	(1 Hr. 10 Min)		


3. "The Mother" (4 DVD's Video)

	Talks at Savitri Bhavan, Auroville	Rs.1000	
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4. The Power of Thought (2 DVD's)

	Talks given at Kolkata in 2009 (1 Hr. 56 Min)	Rs.300	
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5. I Have Seen the Mother (2 DVD's 8 Hrs)

	Devotees' accounts of the Mother's guidance in their day to day life.	Rs.500	
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6. Remembering Our Sweet Mother (1 DVD, 2 Hrs)

	Celebration of Centenary year of the Mother's Arrival at Pondicherry (1914-2014)	Rs.300	
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AUDIO/MP3

1. Talks on Savitri DVD MP3

1.	Savitri Its Profound and Magnificent Significance Book I- Canto 1 Duration: 12 Hrs.	Rs.400	
2.	Book III: The Book of the Divine Mother - Full Duration: 23 Hrs.	Rs.500	
3.	Book XI: The Book of Everlasting Day - Canto 1 Duration: 20 Hrs.	Rs.500	
4.	Fours Aspects of Savitri, Duration: 15 Hrs. 10 min.	Rs.400	




2. Talks on The Synthesis of Yoga DVD Audio MP3 4 DVDs

1	Introduction: The Conditions of the Synthesis Chapters 1 to 5 Duration: 16 Hrs.	Rs.1000	
2	Part-II The Yoga of Integral Knowledge Chapters 1 to 28 Duration: 109 Hrs.	Rs.3000	
3	Part-III The Yoga of Divine Love Chapters 1 to 8 Duration: 35Hrs	Rs.1500	

4 DVDs (Audio)

Total Durations: 157 Hrs 30 Min.

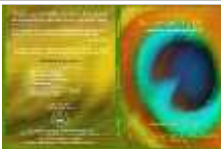
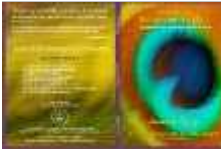
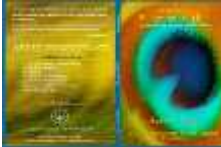
3. Talks on The Life Divine

1	Part-I, Book-I, Chapters 1 to 28 Duration: 75 Hrs.	Rs.2000	
2	Part-I, Book-II, Chapters 1 to 14 Duration: 77 Hrs.	Rs.2000	
3	Part-II, Book-II, Chapters 15 to 28 Duration: 126Hrs.	Rs.3500	


4 DVDs (Audio)

Total Durations: 276Hrs Min.

4. Talks on Essays on Gita 1st Series, MP3 Audio DVD

1	Part-1: Chapters 1 to 8	Duration: 39 Hrs.	Rs.1000	
2	Part-2: Chapters 9 to 16	Duration: 36 Hrs. 30 Min.	Rs.1000	
3	Part-3: Chapters 17 to 24	Duration 37 Hrs.	Rs.1000	

5. A Spiritual Passion

1	Part-I	Talks on Sri Aurobindo & The Mother	Rs.1000	
2	Part-II	Talks in Europe		
3	Part-III	Talks on Integral Yoga & Philosophy		
		1 DVDs (Audio) Total Duration: 48 Hrs.		

6. General Talks

1	Talks on Rebirth	(1 DVD Audio) Total Duration: 15 Hrs.	Rs.250	
2	Sadhana in the Integral Yoga	(1 MP3 Audio CD) Total Duration: 3 Hrs.	Rs.150	
3	On Sri Aurobindo and the Mother	(1 MP3 Audio CD) Total Duration: 3 Hrs. 54 Min.	Rs.150	
4	The Mother's Work - Savitri Bhavan	Talks (1 MP3 Audio CD) Total Duration: 1 Hrs. 20 Min.	Rs.150	

7. Songs by Deepshika Reddy

1	Anandadeep	1CD	Rs.200	
2	Mantra Chanting	1CD	Rs.150	
3	Golden Lid - Isha Upanishad	1CD	Rs.200	
4	Mantras for Integral Yoga	1CD	Rs.150	
5	Adoration of the Divine Mother	1CD	Rs.100	
6	Deepanjali - A string of Songs based on Ragas	1CD	Rs.150	

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